

## HOW TO MEASURE

Biz Corporates apparel sizes are designed to fit average industry standards for the below body measurements. Please use this handy Body Measurement Guide to compare your own measurements and help you determine which size to order. Use these measurements as a guide when selecting the right size garment, but also take into consideration the garment fit.

## A. BUST

Measure under your arms and across shoulder blades, around the fullest part of your bust. Hold one finger between body and tape.

## B. WAIST

Measure around your natural waistline while holding one finger between body and tape. This is the smallest part of your waist.
C. HIP

Measure around fullest part of your hips (about $20-24 \mathrm{~cm}$ down from waist) while standing naturally.

## PANT AND SKIRT LENGTHS

Pants and skirts will vary in length depending on the height of each individual and also their shape. All pants come with a hem allowance allowing for easy alterations.

## TOPS, JACKETS, KNITWEAR, OUTERWEAR

|  |  | XXS |  | XS$8$ | S <br> 10 | M$12$ | $\mathbf{L}$$14$ | XL$16$ | 2XL |  | 3XL |  | 4XL |  | $\begin{gathered} 5 \mathrm{XL} \\ 30 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AUS |  | 4 | 6 |  |  |  |  |  | 18 | 20 | 22 | 24 | 26 | 28 |  |
| CA / US |  | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
| Bust | cm | 75-77 | 78-82 | 83-87 | 88-92 | 93-97 | $\begin{aligned} & 98- \\ & 102 \end{aligned}$ | $\begin{gathered} 103- \\ 108 \end{gathered}$ | $\begin{gathered} 109- \\ 114 \end{gathered}$ | $\begin{gathered} 115- \\ 119 \end{gathered}$ | $\begin{gathered} 120- \\ 124 \end{gathered}$ | $\begin{gathered} 125- \\ 129 \end{gathered}$ | $\begin{gathered} 130- \\ 134 \end{gathered}$ | $\begin{gathered} 135- \\ 139 \end{gathered}$ | $\begin{gathered} 140- \\ 144 \end{gathered}$ |
|  | in | 29-30 | 30-32 | 32-34 | 34-36 | 36-38 | 38-40 | 40-42 | 42-44 | 44-46 | 46-48 | 48-50 | 50-52 | $\begin{gathered} 52- \\ 54 \end{gathered}$ | $\begin{gathered} 54- \\ 56 \end{gathered}$ |

DRESSES, SKIRTS, AND PANTS

|  |  | XXS |  | XS | $\begin{gathered} \mathbf{S} \\ 10 \end{gathered}$ | M$12$ | L <br> 14 | $\begin{gathered} \text { XL } \\ 16 \end{gathered}$ | 2XL |  | 3XL |  | 4XL |  | 5XL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AU / NZ |  | 4 | 6 |  |  |  |  |  | 18 | 20 | 22 | 24 | 26 | 28 | 30 | 32 |
| CA / US |  | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 |
| Waist | cm | $\begin{gathered} 57- \\ 59 \end{gathered}$ | $\begin{gathered} 60- \\ 64 \end{gathered}$ | $\begin{gathered} 65- \\ 69 \end{gathered}$ | $\begin{gathered} 70- \\ 74 \end{gathered}$ | $\begin{gathered} 75- \\ 79 \end{gathered}$ | $\begin{gathered} 80- \\ 84 \end{gathered}$ | $\begin{gathered} 85- \\ 90 \end{gathered}$ | $\begin{gathered} 91- \\ 96 \end{gathered}$ | $\begin{gathered} 97- \\ 101 \end{gathered}$ | $\begin{gathered} 102- \\ 106 \end{gathered}$ | $\begin{gathered} 107- \\ 111 \end{gathered}$ | $\begin{gathered} 112- \\ 116 \end{gathered}$ | $\begin{gathered} 117- \\ 121 \end{gathered}$ | $\begin{gathered} 122- \\ 126 \end{gathered}$ | $\begin{gathered} 127- \\ 131 \end{gathered}$ |
|  | in | $\begin{gathered} 22- \\ 29 \end{gathered}$ | $\begin{gathered} 23- \\ 25 \end{gathered}$ | $\begin{gathered} 25- \\ 27 \end{gathered}$ | $\begin{gathered} 27- \\ 29 \end{gathered}$ | $\begin{gathered} 29- \\ 31 \end{gathered}$ | $\begin{gathered} 31- \\ 33 \end{gathered}$ | $\begin{gathered} 33- \\ 35 \end{gathered}$ | $\begin{gathered} 35- \\ 37 \end{gathered}$ | $\begin{gathered} 37- \\ 39 \end{gathered}$ | $\begin{gathered} 40- \\ 42 \end{gathered}$ | $\begin{gathered} 42- \\ 44 \end{gathered}$ | $\begin{gathered} 44- \\ 46 \end{gathered}$ | $\begin{gathered} 46- \\ 48 \end{gathered}$ | $\begin{gathered} 48- \\ 50 \end{gathered}$ | $\begin{gathered} 50- \\ 52 \end{gathered}$ |
| Hip | cm | $\begin{gathered} 84- \\ 86 \end{gathered}$ | $\begin{gathered} 87- \\ 91 \end{gathered}$ | $\begin{gathered} 92- \\ 96 \end{gathered}$ | $\begin{aligned} & 97- \\ & 101 \end{aligned}$ | $\begin{gathered} 102- \\ 106 \end{gathered}$ | $\begin{gathered} 107- \\ 111 \end{gathered}$ | $\begin{gathered} 112- \\ 117 \end{gathered}$ | $\begin{gathered} 118- \\ 123 \end{gathered}$ | $\begin{gathered} 124- \\ 128 \end{gathered}$ | $\begin{gathered} 129- \\ 133 \end{gathered}$ | $\begin{gathered} 134- \\ 138 \end{gathered}$ | $\begin{gathered} 139- \\ 143 \end{gathered}$ | $\begin{gathered} 144- \\ 148 \end{gathered}$ | $\begin{gathered} 149- \\ 153 \end{gathered}$ | $\begin{gathered} 154- \\ 158 \end{gathered}$ |
|  | in | $\begin{gathered} 33- \\ 34 \end{gathered}$ | $\begin{gathered} 34- \\ 36 \end{gathered}$ | $\begin{gathered} 36- \\ 38 \end{gathered}$ | $\begin{gathered} 38- \\ 40 \end{gathered}$ | $\begin{gathered} 40- \\ 42 \end{gathered}$ | $\begin{gathered} 42- \\ 44 \end{gathered}$ | $\begin{gathered} 44- \\ 46 \end{gathered}$ | $\begin{gathered} 46- \\ 48 \end{gathered}$ | $\begin{gathered} 48- \\ 50 \end{gathered}$ | $\begin{gathered} 50- \\ 52 \end{gathered}$ | $\begin{gathered} 52- \\ 54 \end{gathered}$ | $\begin{gathered} 54- \\ 56 \end{gathered}$ | $\begin{gathered} 56- \\ 58 \end{gathered}$ | $\begin{gathered} 58- \\ 60 \end{gathered}$ | $\begin{gathered} 60- \\ 62 \end{gathered}$ |

All measurements provided are approximate and for reference only. The size conversion chart is a guide only, actual sizing may vary according to the style and fit of the garment. The waist specifications are the natural waist measurements, which have to be considered even though the garments will fit lower.

## STYLE AND FIT GUIDE

Once you have determined your garment size, use the guide below to choose the best shirt fit and pant style for your body type and comfort.


Designed to sit close to the body and more fitted at the waist.


## BANDLESS SLIM LEG PANT

- Sits slightly below waistline
- Tapered through the leg
- Narrow leg opening
- Hem sits on the ankle



## SLIM LEG MID RISE PANT

- Sits slightly below waistline
- Tapered through the leg
- Narrow leg opening with splits
- Hem sits on the ankle



## ULTRA COMFORT W AIST PANT

- Sits above waistline
- Slightly tapered through the leg
- Elastic waist band through the back and side front
- Wide leg opening



## RELAXED FIT PANT

- Sits slightly below waistline
- Slightly tapered through the leg
- Wide leg opening
- Shaped waist band



## ADJUSTABLE WAIST TAPERED LEG

 PANT- Sits mid-rise
- Tapered fir through leg
- Tapered Opening
- Hidden stretch waistband with improved fit



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## A. NECK

Measure around the middle of your neck at collar level, keeping the tape loose to make allowance for comfort.
B. CHEST

Measure under your arms and across shoulder blades, around the fullest part of your chest. Hold one finger between body and tape.

## C. WAIST

Measure around your natural waistline while holding one finger between body and tape. Measure over shirt at position your pants would normally sit.
D. IN SEAM

Measure from the crotch seam to the bottom of the inside leg of a well-fitting pair of pants.

SHIRTS

| AUZ / NZ |  | $\begin{gathered} \text { XXS } \\ 34 \end{gathered}$ | $\begin{aligned} & \text { XS } \\ & 36 \end{aligned}$ | S <br> 38 | $\begin{aligned} & \text { M } \\ & 40 \end{aligned}$ | $\begin{gathered} \mathbf{L} \\ 42 \end{gathered}$ | $\begin{aligned} & \text { XL } \\ & 44 \end{aligned}$ | 2XL |  | 3XL |  | 4XL |  | 5XL |  | 6XL |  | 7XL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Neck | cm |  |  |  |  |  |  | 46 | 48 | 50 | 52 | 54 | 56 | 56 |  | 58 |  | 58 |  |
|  | in | 13.3 | 14.1 | 14.9 | 15.7 | 16.5 | 17.3 | 18.1 | 18.8 | 19.6 | 20.4 | 21.2 | 22 | 22 |  | 22.8 |  | 22.8 |  |
| Chest | cm | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 | 147 | 152 | 157 | 162 | 167 | 172 |
|  | in | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |

JACKETS, KNITWEAR, OUTERWEAR

| AUZ / NZ |  | $\begin{gathered} \text { XXS } \\ 87 \end{gathered}$ | $\begin{aligned} & \text { Xs } \\ & 92 \end{aligned}$ | $\begin{gathered} \mathbf{S} \\ 97 \end{gathered}$ | $\begin{gathered} \text { M } \\ \hline 102 \end{gathered}$ | $\begin{gathered} \mathbf{L} \\ 107 \end{gathered}$ | $\begin{gathered} \text { XL } \\ \hline 112 \end{gathered}$ | 2XL |  | 3XL |  | 4XL |  | 5XL |  | 6XL |  | 7XL |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | cm |  |  |  |  |  |  | 117 | 122 | 127 | 132 | 137 | 142 | 147 | 152 | 157 | 162 | 167 | 172 |
|  | in | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |
| Waist | cm | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 | 147 | 152 | 157 |
|  | in | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 |

## PANTS - REGULAR FIT

| Waist | cm | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | in | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
| In seam | cm | 80 | 81 | 81 | 82 | 82 | 83 | 83 | 84 | 84 | 84 | 84 | 84 |
|  | in | 31 | 32 | 32 | 32 | 32 | 33 | 33 | 33 | 33 | 33 | 33 | 33 |

## PANTS - STOUT FIT (available in selected styles)



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## STYLE AND FIT GUIDE

Once you have determined your garment size, use the guide below to choose the best shirt fit and pant style for your body type and comfort.


## SLIM FIT

Tapered through the chest, shoulders and waist for a tailored fit. Perfect for those with a straight body, and after a slim modern fit.


Classic fit, with slight tapering through the chest and shoulders. Straight fit through the waist. Suitable for all body shapes.


## FLAT FRONT

- Sits slightly below the waistline
- Straight leg shape
- Straight leg opening



## SLIM LEG

- Sits slightly below the waistline
- Tapered leg shape
- Narrow leg opening



## ADJUSTABLE WAIST FLAT FRONT

- Sits slightly below the waistline
- Straight leg shape and opening
- Hidden stretch waist band

